

# Ανισότητες II

Cauchy

Buniakowsky-Cauchy-Schwarz

Βαγγέλης Ψύχας

# Τετραγωνικός Μέσος *TM*

## Quadratic Mean

$$\diamond \sqrt{\frac{\alpha^2 + \beta^2}{2}}$$

$$\diamond \sqrt{\frac{\alpha^2 + \beta^2 + \gamma^2}{3}}$$

$$\diamond \sqrt{\frac{\alpha_1^2 + \alpha_2^2 + \dots + \alpha_n^2}{n}}$$

# Αριθμητικός Μέσος *AM*

## Arithmetic Mean

$$\diamond \frac{\alpha + \beta}{2}$$

$$\diamond \frac{\alpha + \beta + \gamma}{3}$$

$$\diamond \frac{\alpha_1 + \alpha_2 + \dots + \alpha_n}{n}$$

# Γεωμετρικός Μέσος *ΓΜ*

## Geometric Mean

$$\diamond \sqrt{\alpha \cdot \beta}$$

$$\diamond \sqrt[3]{\alpha \cdot \beta \cdot \gamma}$$

$$\diamond \sqrt[n]{\alpha_1 \cdot \alpha_2 \cdot \dots \cdot \alpha_n}$$

# Αρμονικός Μέσος *HM*

## Harmonic Mean

$$\diamond \frac{2}{\frac{1}{\alpha} + \frac{1}{\beta}}$$

$$\diamond \frac{3}{\frac{1}{\alpha} + \frac{1}{\beta} + \frac{1}{\gamma}}$$

$$\diamond \frac{n}{\frac{1}{\alpha_1} + \frac{1}{\alpha_2} + \dots + \frac{1}{\alpha_n}}$$

# Ανισότητα Cauchy

◇ Αριθμητικού-Γεωμετρικού-Αρμονικού Μέσου

$$\diamond \frac{\alpha + \beta + \gamma}{3} \geq \sqrt[3]{\alpha \cdot \beta \cdot \gamma} \geq \frac{3}{\frac{1}{\alpha} + \frac{1}{\beta} + \frac{1}{\gamma}} \quad \alpha, \beta, \gamma > 0$$

$$\diamond \alpha + \beta + \gamma \geq 3\sqrt[3]{\alpha\beta\gamma}$$

$$\diamond \alpha^3 + \beta^3 + \gamma^3 \geq 3\alpha\beta\gamma$$

$$\diamond \frac{\alpha_1 + \alpha_2 + \dots + \alpha_n}{n} \geq \sqrt[n]{\alpha_1 \cdot \alpha_2 \cdot \dots \cdot \alpha_n} \geq \frac{n}{\frac{1}{\alpha_1} + \frac{1}{\alpha_2} + \dots + \frac{1}{\alpha_n}}$$

$$\alpha_1, \alpha_2, \dots, \alpha_n > 0$$

# Ανισότητα B-C-S

Buniakowsky-Cauchy-Schwarz

- $(\alpha^2 + \beta^2)(x^2 + y^2) \geq (\alpha x + \beta y)^2$
- $\alpha, \beta, x, y \in \mathbb{R}$
- Η ισότητα ισχύει όταν:  $\alpha = \lambda x, \beta = \lambda y \quad \lambda \in \mathbb{R}$ .



# Ανισότητα B-C-S

Εναλλακτική διατύπωση

- $\sqrt{\alpha^2 + \beta^2} \sqrt{x^2 + y^2} \geq \alpha x + \beta y$

- $\alpha, \beta, x, y \in \mathbb{R}$

- Η ισότητα ισχύει όταν:  $\alpha = \lambda x$  και  $\beta = \lambda y$   $\lambda \in \mathbb{R}$ .





# Ανισότητα B-C-S

Απόδειξη I

●  $(\alpha^2 + \beta^2)(x^2 + y^2) \geq (\alpha x + \beta y)^2$

Από την ταυτότητα του Lagrange έχουμε:

$$(\alpha^2 + \beta^2)(x^2 + y^2) - (\alpha x + \beta y)^2 = \begin{vmatrix} \alpha & \beta \\ x & y \end{vmatrix}^2.$$

Επειδή όμως  $\begin{vmatrix} \alpha & \beta \\ x & y \end{vmatrix}^2 = (\alpha y - \beta x)^2 \geq 0$ , έχουμε:

$$\begin{aligned} (\alpha^2 + \beta^2)(x^2 + y^2) - (\alpha x + \beta y)^2 &\geq 0 \Leftrightarrow \\ \Leftrightarrow (\alpha^2 + \beta^2)(x^2 + y^2) &\geq (\alpha x + \beta y)^2. \end{aligned}$$



# Ανισότητα B-C-S

## Απόδειξη II

●  $(\alpha_1^2 + \alpha_2^2)(\beta_1^2 + \beta_2^2) \geq (\alpha_1\beta_1 + \alpha_2\beta_2)^2$

Θα αποδείξουμε ότι:  $(\alpha_1^2 + \alpha_2^2)(\beta_1^2 + \beta_2^2) \geq (\alpha_1\beta_1 + \alpha_2\beta_2)^2$

...  $\Leftrightarrow \alpha_1^2\beta_1^2 + \alpha_1^2\beta_2^2 + \alpha_2^2\beta_1^2 + \alpha_2^2\beta_2^2 \geq \alpha_1^2\beta_1^2 + 2\alpha_1\beta_1\alpha_2\beta_2 + \alpha_2^2\beta_2^2 \Leftrightarrow$

$\Leftrightarrow \alpha_1^2\beta_2^2 + \alpha_2^2\beta_1^2 \geq 2\alpha_1\beta_1\alpha_2\beta_2 \Leftrightarrow (\alpha_1\beta_2 - \alpha_2\beta_1)^2 \geq 0$  πού ισχύει.



# Ανισότητα **B-C-S**

## Απόδειξη III

Θεωρούμε τα διανύσματα  $\vec{\alpha} = (\alpha_1, \alpha_2)$  και  $\vec{\beta} = (\beta_1, \beta_2)$ .

$$\text{Τότε: } |\vec{\alpha}| = \sqrt{\alpha_1^2 + \alpha_2^2}, \quad |\vec{\beta}| = \sqrt{\beta_1^2 + \beta_2^2}$$

$$\vec{\alpha} \cdot \vec{\beta} = |\vec{\alpha}| \cdot |\vec{\beta}| \cos(\widehat{\vec{\alpha}, \vec{\beta}}) = \alpha_1\beta_1 + \alpha_2\beta_2.$$

Από τη γνωστή ανισότητα

$$|\vec{\alpha} \cdot \vec{\beta}| = \left| |\vec{\alpha}| \cdot |\vec{\beta}| \cos(\widehat{\vec{\alpha}, \vec{\beta}}) \right| \leq |\vec{\alpha}| \cdot |\vec{\beta}| \text{ έχουμε}$$

$$\begin{aligned} |\alpha_1\beta_1 + \alpha_2\beta_2| &\leq \sqrt{\alpha_1^2 + \alpha_2^2} \cdot \sqrt{\beta_1^2 + \beta_2^2} \Rightarrow \\ \Rightarrow (\alpha_1^2 + \alpha_2^2)(\beta_1^2 + \beta_2^2) &\geq (\alpha_1\beta_1 + \alpha_2\beta_2)^2. \end{aligned}$$



# Ανισότητα **B-C-S**

**B**uniakowsky-**C**auchy-**S**chwarz

Γενίκευση I

- $(\alpha^2 + \beta^2 + \gamma^2)(x^2 + y^2 + z^2) \geq (\alpha x + \beta y + \gamma z)^2$

- $\alpha, \beta, \gamma, x, y, z \in \mathbb{R}$

- Η ισότητα ισχύει όταν:  $\alpha = \lambda x, \beta = \lambda y$  και  $\gamma = \lambda z \quad \lambda \in \mathbb{R}$ .



# Ανισότητα B-C-S

## Γενίκευση I

Απόδειξη I

Από την ταυτότητα του Lagrange έχουμε:

$$\begin{aligned}(\alpha^2 + \beta^2 + \gamma^2)(x^2 + y^2 + z^2) - (\alpha x + \beta y + \gamma z)^2 &= \\ &= \begin{vmatrix} \alpha & \beta \\ x & y \end{vmatrix}^2 + \begin{vmatrix} \alpha & \gamma \\ x & z \end{vmatrix}^2 + \begin{vmatrix} \beta & \gamma \\ y & z \end{vmatrix}^2.\end{aligned}$$

Επειδή όμως  $\begin{vmatrix} \alpha & \beta \\ x & y \end{vmatrix}^2 + \begin{vmatrix} \alpha & \gamma \\ x & z \end{vmatrix}^2 + \begin{vmatrix} \beta & \gamma \\ y & z \end{vmatrix}^2 \geq 0$ , έχουμε:

$$(\alpha^2 + \beta^2 + \gamma^2)(x^2 + y^2 + z^2) \geq (\alpha x + \beta y + \gamma z)^2.$$



# Ανισότητα B-C-S

## Γενίκευση I

Απόδειξη II

Θα αποδείξουμε ότι:

$$(\alpha_1^2 + \alpha_2^2 + \alpha_3^2)(\beta_1^2 + \beta_2^2 + \beta_3^2) \geq (\alpha_1\beta_1 + \alpha_2\beta_2 + \alpha_3\beta_3)^2$$

$$\dots \Leftrightarrow \alpha_1^2\beta_1^2 + \alpha_1^2\beta_2^2 + \alpha_1^2\beta_3^2 + \alpha_2^2\beta_1^2 + \alpha_2^2\beta_2^2 + \alpha_2^2\beta_3^2 + \alpha_3^2\beta_1^2 + \alpha_3^2\beta_2^2 + \alpha_3^2\beta_3^2 \geq \\ \geq \alpha_1^2\beta_1^2 + \alpha_2^2\beta_2^2 + \alpha_3^2\beta_3^2 + 2(\alpha_1\beta_1\alpha_2\beta_2 + \alpha_1\beta_1\alpha_3\beta_3 + \alpha_2\beta_2\alpha_3\beta_3) \Leftrightarrow$$

$$\Leftrightarrow \alpha_1^2\beta_2^2 + \alpha_1^2\beta_3^2 + \alpha_2^2\beta_1^2 + \alpha_2^2\beta_3^2 + \alpha_3^2\beta_1^2 + \alpha_3^2\beta_2^2 \geq \\ \geq 2(\alpha_1\beta_1\alpha_2\beta_2 + \alpha_1\beta_1\alpha_3\beta_3 + \alpha_2\beta_2\alpha_3\beta_3) \Leftrightarrow$$

$$\Leftrightarrow (\alpha_1\beta_2 - \alpha_2\beta_1)^2 + (\alpha_1\beta_3 - \alpha_3\beta_1)^2 + (\alpha_2\beta_3 - \alpha_3\beta_2)^2 \geq 0 \text{ πού ισχύει.}$$

# Ανισότητα B-C-S

## Γενίκευση I

Απόδειξη III

Θεωρούμε τα διανύσματα  $\vec{\alpha} = (\alpha_1, \alpha_2, \alpha_3)$  και  $\vec{\beta} = (\beta_1, \beta_2, \beta_3)$ .

$$\text{Τότε: } |\vec{\alpha}| = \sqrt{\alpha_1^2 + \alpha_2^2 + \alpha_3^2}, \quad |\vec{\beta}| = \sqrt{\beta_1^2 + \beta_2^2 + \beta_3^2}$$

$$\vec{\alpha} \cdot \vec{\beta} = |\vec{\alpha}| \cdot |\vec{\beta}| \cos(\widehat{\vec{\alpha}, \vec{\beta}}) = \alpha_1\beta_1 + \alpha_2\beta_2 + \alpha_3\beta_3.$$

Από τη γνωστή ανισότητα

$$|\vec{\alpha} \cdot \vec{\beta}| = \left| |\vec{\alpha}| \cdot |\vec{\beta}| \cos(\widehat{\vec{\alpha}, \vec{\beta}}) \right| \leq |\vec{\alpha}| \cdot |\vec{\beta}| \text{ έχουμε}$$

$$\begin{aligned} |\alpha_1\beta_1 + \alpha_2\beta_2 + \alpha_3\beta_3| &\leq \sqrt{\alpha_1^2 + \alpha_2^2 + \alpha_3^2} \cdot \sqrt{\beta_1^2 + \beta_2^2 + \beta_3^2} \Rightarrow \\ \Rightarrow (\alpha_1^2 + \alpha_2^2 + \alpha_3^2)(\beta_1^2 + \beta_2^2 + \beta_3^2) &\geq (\alpha_1\beta_1 + \alpha_2\beta_2 + \alpha_3\beta_3)^2. \end{aligned}$$

# Ανισότητα B-C-S

Buniakowsky-Cauchy-Schwarz

Γενίκευση II

$$\bullet (\alpha_1^2 + \alpha_2^2 + \cdots + \alpha_n^2)(\beta_1^2 + \beta_2^2 + \cdots + \beta_n^2) \geq \\ \geq (\alpha_1\beta_1 + \alpha_2\beta_2 + \cdots + \alpha_n\beta_n)^2$$

● Η ισότητα ισχύει όταν:  $\alpha_i = \lambda\beta_i \quad i = 1, 2, \dots, n \quad \lambda \in \mathbb{R}$ .



# Ανισότητα B-C-S

## Γενίκευση II

Απόδειξη

$$(\alpha_1^2 + \alpha_2^2 + \dots + \alpha_n^2)(\beta_1^2 + \beta_2^2 + \dots + \beta_n^2) - (\alpha_1\beta_1 + \alpha_2\beta_2 + \dots + \alpha_n\beta_n)^2 =$$

$$= \begin{vmatrix} \alpha_1 & \alpha_2 \\ \beta_1 & \beta_2 \end{vmatrix}^2 + \dots + \begin{vmatrix} \alpha_1 & \alpha_n \\ \beta_1 & \beta_n \end{vmatrix}^2 + \begin{vmatrix} \alpha_2 & \alpha_3 \\ \beta_2 & \beta_3 \end{vmatrix}^2 + \dots + \begin{vmatrix} \alpha_2 & \alpha_n \\ \beta_2 & \beta_n \end{vmatrix}^2 + \dots + \begin{vmatrix} \alpha_{n-1} & \alpha_n \\ \beta_{n-1} & \beta_n \end{vmatrix}^2 =$$

$$= \sum_{1 \leq i < j \leq n} \begin{vmatrix} \alpha_i & \alpha_j \\ \beta_i & \beta_j \end{vmatrix}^2 \geq 0.$$

# Ανισότητα B-C-S

## Γενίκευση III

$$(f(x) - \lambda g(x))^2 \geq 0 \Leftrightarrow f^2(x) - 2\lambda f(x)g(x) + \lambda^2 g^2(x) \geq 0.$$

$$\int_a^b f^2(x) dx - 2\lambda \int_a^b f(x)g(x) dx + \lambda^2 \int_a^b g^2(x) dx \geq 0.$$

$$\text{Πρέπει } \Delta = 4 \left( \int_a^b f(x)g(x) dx \right)^2 - 4 \int_a^b f^2(x) dx \cdot \int_a^b g^2(x) dx \leq 0.$$

$$\left( \int_a^b f(x)g(x) dx \right)^2 \leq \int_a^b f^2(x) dx \cdot \int_a^b g^2(x) dx$$